

# Adventure Tour Gear List

Our trips and tours vary considerably, from the heat of the Outback to the cold of Tasmania! We have designed this simple gear checklist to give you an idea of the basics that you may need. Then you will need to adjust your clothing to suit the conditions and the length of the tour. A few other things to bear in mind:

- Weight limitations on your flight
- Our luggage space on the bus/trailer/boat
- Packing and handling. We recommend in order soft case bags / small suitcase / rucksack.

## Clothing

- 2 x activewear / walking pants / shorts
- 2 x activewear / walking tops
- Lightweight top and bottom base layers / thermals
- Warm upper layer / puffer jacket etc
- Walking shoes
- Spare shoes/runners/casual wear
- Casual clothes (to relax and travel in)
- Slippers/thongs
- Waterproof jacket
- Socks & underwear & bras/sportsbra
- Sun hat
- Beanie
- Sunglasses
- \_\_\_\_\_
- \_\_\_\_\_

## General

- Small day pack
- Camera
- Charger cords and plugs
- Toiletries / personal items
- Medications / Blister pads
- Sunscreen / Insect Repellent
- Headtorch / torch and spare batteries
- Drink bottles. Enough to carry 3 litres
- Small Towel
- \_\_\_\_\_
- \_\_\_\_\_

## Kayaking / Abseiling / Canyoning etc

- Swimmers
- Sun hat
- Longer top (if cold)
- Sandals / Teva's / old runners
- Sunscreen
- Warm clothes / old clothes depending on activity
- Hair ties for long hair

