

Overnight Snow Camping Pack List



Our goals for overnight snow camping is to give you a chance to experience something truly unique (particularly in Australia) and do so safely and relative comfort. It will be challenging, fun, social and achievable! Here is a suggested gear list for the weekend. It's not everything, but it covers the essentials. You may find that all this gear doesn't fit into your rucksack, that's when you have to decide what's essential for you. Remember that it's only for the night - so it's not crucial you have a toothbrush or spare underwear but you **MUST have a sleeping bag**. My advice is to start with the mantle of safety first then work your way back down. Remember that hiking in the snow is hard, so although one night out you don't want to be carrying a massive rucksack.

Equipment

- Backpack (medium size 50-60ltr) We can help with adjusting this.
- Hiking Tent (1 or 2 person) Let us know if you're happy to share.
- Insulated tent floor, space blanket etc (if you have one)
- Sleeping bag (as good as you've got) (this **MUST** be packed in two plastic bags)
- Inner sheet or thermal liner (adds warmth)
- Sleeping mat (you can add a thin foam mat underneath if you have one)
- A mat or piece of foam to sit on. (your spare foam mat) (no chairs... umm they sink)
- Head torch
- Water bottles or bladder enough for 2 Litres

Clothes and personal

- Waterproof jacket or Snow Jacket (outer layer)
- Hike boots or snow boots (no runners or light trail shoes)
- 1 warm jumper/fleece/ puffer jacket (as warm as you've got) (mid-layer for warmth)
- 1 set of pants/overpants
- 1 Pair of gaiters (Sea2Summit Overland \$55 are fine)
- 1 pair of thermals or warm underclothes (base layer. Merino best /polypropylene ok)
- 1 beanie, snow gloves, sunglasses, neck warmer, thick socks etc.
- Spare clothes to include: 1 x mid layer, 2 x socks (you won't have much opportunity to change clothes and unless you are soaked and cannot warm up there is really no need, so get used to wearing the same clothes for two days)

Miscellaneous

- Eating utensils incl fork, spoon, plate/bowl and cup
- Walking poles (optional, they can be both useful and get in the way)
- Camera/phone
- Personal Medication
- Toothbrush / toilet paper

We will arrange all the food and cooking equipment. PLEASE LEAVE SPACE TO ADD A SMALL QUANTITY OF FOOD.

If you have any questions please contact us at hello@takeshapeadventures.com.au