



Bay of Fires

@takeshapeadventures

TSA

Trip highlights



Multiple days of stunning scenery and walking along Tasmania's most beautiful beaches



Visit and hike to Eddystone Point Lighthouse, Skeleton Bay circuit, Mount William National Park, Cobbler Rocks circuit



White sandy beaches and pristine clear waters



3 nights accommodation, twin share



Great social fun with support and encouragement

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GRADE: 2

DURATION: 4 DAYS/3 NIGHTS

Introduction

If you love white beaches and crystal-clear waters, this is the tour for you. The easy grading makes it a good introduction to multi-day walking, and suits people with general fitness.

This is definitely a walking week to take slowly, as you won't want to miss a single speck of the scenery at the stunning Bay of Fires. It's unlike anything you've ever seen before. You will find your own connection to the landscape and enjoy being mindful in such a beautiful, remote part of the world. With lots of peace and quiet, beautiful scenery, walks to enjoy and a group of like-minded people, this is the perfect escape.

With our beautiful accommodation, all you will need to carry is a day bag with water, a sunhat and raincoat, because this is Tassie after all. We do all the cooking, planning and driving for you, so all you need to do is enjoy! This is the perfect opportunity to explore the remote north-east corner of Tasmania, and dive right into the beautiful nature surroundings. Each night will be spent in comfy twin share accommodation meaning you can feel rested and ready to take on the next days adventures!

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What's included in your trip



3 nights twin share accommodation



All meals including breakfast, lunch, dinner, desserts, and snacks

4 days of walks and sightseeing the best of Tasmania



Private and comfortable vehicles



All transfers from Launceston

All walk and tour transfers



Fully guided and supported by TSA staff



All national park fees and permits



Single person supplement may be available.
Please enquire for your particular trip.

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Trip at a glance

On day one, we pick you up and drive to explore Eddystone Point Lighthouse.

Day two covers almost 15km over two walks – The Gardens section of the coast followed by a 9km circuit of Skeleton Bay.

On day three, we hike the Mount William National Park 6km summit and then enjoy sea views on our 9km Cobbler Rocks circuit walk.

On the final day, we go for a short morning walk then swing north to Cataract Gorge for a short walk before heading to the airport.



Accommodation

Pelican Point Sanctuary is located just minutes from the Bay of Fires. This 87-acre property is right on the foreshore and just a few minutes drive from the lovely township of St Helens.

The accommodation is spread out over 2 x 3 bedroom houses, plus 2 x 2 twin share bedroom units. We may be able to offer a single supplement fee if available, please enquire with us. Please note there is limited reception and wi-fi coverage in north-east Tas.



Climate

Like any time of year in Tasmania, the weather can be unpredictable. We may be lucky with glorious days on the beach but we always recommend planning for at least part of the trip to be windy and rainy. The temperature should still be pleasant, with the average between 12-22 degrees. The nights and early mornings can be cold, so please make sure you have warm and wet weather gear.





Food

Food will be made by our guides. They'll prepare and cook all of your delicious and nutritious meals and snacks.

We love our food so be prepared for freshly ground coffee, yummy snacks and fresh fruit, beautiful vegetable based salads, wraps and cheeses. All this food is energy filled to sustain you on the track. Let's not forget sneaky deserts and a relaxing drink.

Dietary requirements

We can cater for a range of dietary requirements and intolerances. Contact us if you have any particular requests, however please note that food transport is limited due to the isolated nature of the trip, so we will do our best to cater for you.

Daily menu example

Breakfast: Eggs, overnight oats, cereal, muesli and toast

Snacks: Fruit, homemade cookies, and slices

Lunch: Wraps, rice salads, vegetable salads, antipasto, breads, dips

Dinner: High-carbohydrate, vegetable-based meals

Dessert: Sticky date pudding, ice-cream, fruit,

TSM



A typical day

Wake up with a cooked breakfast or cereal, plus fresh coffee or tea.

Get packed and head onto the trail or water pretty quickly.

Once on the go, we travel at a moderate pace. Your guides will make sure no-one is ever left behind, stopping along the way for short rests and to admire the views, have a swim, or just to stop to be mindful.

All yummy snacks and lunches will be provided and carried by your guides.

Head back to accommodation. Here you have a chance to shower, unwind and enjoy a yummy prepared dinner and some social time.



TSM

Equipment

- Some activewear
- Two pairs of walking shoes
- A day bag
- Drink container / bladder to hold 2L of water
- Walking poles – optional

Insurance

TSA is a licensed operator in Australia and will provide fully qualified remote area first aid support. As this is a remote area, all participants are encouraged to have Travel Insurance or Ambulance Cover as a minimum requirement..

Not included

- Airfare to Tasmania
- Personal equipment
- Travel Insurance
- Alcohol



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Detailed Itinerary

Detailed Itinerary

This itinerary is a guide. We are a fully supportive and encouraging group tour, but the days may change with weather forecasts, such as hot weather that may result in earlier starts or shorter days. Other weather factors including but not limited to storms, lightning, floods and fires may change the itinerary.

The itinerary may also change due to the overall group fitness. The itinerary has been put together to give you the maximum amount of time on the trail with the least amount of time wasted – true TSA fashion. But be assured there will also be scheduled down time so you can take photos and just embrace the scenery.



Day 1 – Eddystone Point and St Helens

We begin with a pick up from Launceston Airport or CBD, before driving across to the north-east, with a break to stretch our legs at the giant timber carvings. Enjoy your first delicious lunch on the coast then spend a few hours exploring around Eddystone Point and the Lighthouse.

This is our first opportunity to really relax and get a feel for the true wilderness of this coastline. We will be surrounded by white sandy beaches, turquoise waters and impressive boulders. Truly a wonderful place with great weather so we can dip our toes in!

We'll then drive to our accommodation at St Helens for dinner and a relax.



Detailed Itinerary

Day 2 – The Gardens and Skeleton Bay Circuit

We'll drive to The Gardens and walk along a stunning section of beach. This is a must-see area, with the crystal clear water, bright white sands, and coastal heath making for a great morning stroll (4-6km). Enjoy morning tea on the beach followed by a very short drive to the Skeleton Bay Circuit (8km). With a mix of dirt roads and walking trails, this a welcome change to the sand walking, allowing you to stretch your legs out and enjoy good company and scenery. Weather dependent, there may even be time for a swim!



Day 3 – Mount William National Park

Today, we spend the day exploring as there is so much to see! We drive to Mount William National Park, climb to the summit (250m/2km return), and then explore more beaches and views of the Tasman Ocean on the Cobblers Rocks circuit (8km). This area is rich in wildflowers and home to some very large kangaroos! Another opportunity to walk on soft white beaches and feel the sand between your toes.

We return to our accommodation for some down time or a self-guided exploration of the town. Dig into our last dinner together, followed by a free night to sit around and chat.

Detailed Itinerary

Day 4 – Beerbarrel Beach and Cataract Gorge

This morning we pack up and leave our accommodation with big smiles and promises to return. We head out for a morning walk at Beerbarrel Beach (20min/6km) and then jump on the bus and head for Launceston. Along this gorgeous scenic drive, we'll stop for our last delicious lunch and an optional coffee purchase.

Our last stop is the famous Cataract Gorge, where we walk some of the tracks depending on our time and then head to Launceston Airport for the flight home.



FAQs

How fit do I need to be?

You should be reasonably fit and be able to walk 10km and not be too sore or tired the next day. You also need to consider the terrain you are walking on. This tour covers a lot of beach walking and uneven surfaces. If you plan to train, then we suggest finding some rough walking tracks to practice on.

What if I am coming alone?

Great! Our tours are for everyone. The accommodation is arranged so that you share a room with someone of the same gender and similar age when possible. The majority of times this means you will create wonderful new friendships.

Who attends your tours?

This is a tour that you need a reasonable level of fitness. We have a range of people from 20 – 70 year olds join us. The majority are single women, followed by couples and friends. We are a group-focused tour and want everyone to achieve their best.

What do I need to bring?

Ideally everything should fit in a 15kg–20kg bag or suitcase. You don't need to bring everything you own, but we want you to be comfortable. A general pack list is provided and includes some mandatory gear such as:

- Rain jacket and warm clothes
- Light layered clothing for the day
- Multiple walking shoes
- Blister management
- Sunhat and sunglasses
- A head light
- Personal Medication

How much water will I need to carry?

You will be required to start each day with at least 2 litres of water, ideally in a water bladder.

Should I bring walking poles?

Yes, if you use them. Yes, if you think you are going to get tired. Make sure you practice with them.

I hear the ground is very uneven. How do I train?

Do as much walking as you can on uneven ground. Lots of stairs are handy. Walks lots of hills.

What if I don't feel very sore after any of the days?

You're doing a mighty fine job and the training has paid off. Keep going!

Snakes?

It is the outback so this is a possibility. Our all guides are remote first aid trained and carry powerful UHF radios and PLBs.

What shoes should I wear?

Ideally lightweight shoes or light boots with good grip. Trail runners are great for this type of terrain. Heavy boots are not recommended as they are tiring and apart from some ankle support are not necessary.

What will the weather be?

Plan for warm days and cold nights. Bring layers and a warm top. Don't forget your swimmers and a small travel towel.

What type of bag will I need to carry?

You need to bring a backpack that can fit 2 litres of water, your personal hike clothes, medication etc. A bag around the 12–25 litre capacity is ideal.





Cancellation Policy

If you cancel some or all portions of your booking, cancellation fees will apply.

A cancellation will only be effective when we receive written confirmation of the cancellation. Our full Terms & Conditions, including our cancellation policy can be found on our website [HERE](#) You must agree to these Terms and Conditions upon booking and when paying your deposit.

Covid - if the trip is cancelled due to travel restrictions in place, we will provide 100% credit of any payment made towards the trip. This credit can be used towards any TSA trip.

All TSA guests must be fully vaccinated.

Book Now

Places on this trip are limited and will fill up fast. To secure your spot, we will require a deposit (non-refundable). Once we receive this, we will set out a payment plan or set a date on which you can pay the remainder.

We strongly recommend Travel Insurance even when travelling within Australia. Participants should have Ambulance Cover from their State as a minimum requirement.

PLEASE DO NOT BOOK FLIGHTS UNTIL YOU GET CONFIRMATION THAT THE TOUR IS GOING AHEAD

TSA

Ignite your spirit at the Bay of Fires!



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